



# FOCUS

## Services

### Advocacy

- Trained Advocates 24 hours a day/7days a week to help you!
- Emotional Support
- Exploring Options
- Emergency Shelter
- Resources
- Orders of Protection for/ Domestic Violence and / Stalking
- Victim Compensation
- Supervised Visitation and Exchange



Call Today!!

307-746-3630



**FOCUS PROMOTES CHOICE!**



#### 15 Things that a Battered Woman Needs

-SusanMcGee

**Validation**-support, belief, belief that what she's suffered **is** abuse and **is** wrong.

**Support, Comfort, Respite**-to be told that she is a worthwhile, valuable, wonderful human being, that she is lovable, that she matters. She needs time to herself.

**To Be Asked, "What do you want and need?"**- And she needs her answers taken seriously. **Not to be**

**Evaluated, Blamed or Patronized**-not to have her whole life, character, plans, intentions, and actions

scrutinized, evaluated and judged, just because she has had the misfortune of falling in love with/being entrapped by a domestic terrorist. **To Be Given Hope**- To be offered connection with other battered women who have survived and escaped. To know that many, many battered women get away, stay away and flourish.

**Shelter From Harm**-safety and security. **Loving Family And Friends**-people who "get it". **Her Children**-she needs to be able to keep her children and keep them safe. **To Be Able to Participate In**

**Her Community**- faith, culture, education, family, workplace, without interference and harassment from the batterer. **To Be Given**

**Accurate, Updated, Energetic, Concrete Information**-about domestic violence, sexual assault or stalking. The dynamics of violence and the opportunities for help. **To Be Offered Information**-

about sexism, about how women are routinely degraded throughout the world. **Access to High Quality, Affordable Legal Representa-**

**tion**-for custody, visitation, divorce, and advice and assistance in criminal matters. **Access to Advocacy**-high quality, ferocious, respectful, culturally sensitive advocacy-the kind that makes you feel that you always have someone on your side. **To Be Able To**

**Call For Help and Get It**- When she calls the police, goes to court, tells her doctor, contacts child welfare, in other words, interactions with systems set up to enhance her safety, she needs a helpful response. **A Chance For Economic Survival**- help with credit repair, money, housing, education and employment opportunities, child care, transportation, quality medical care, dental and eye coverage as well as access to mental health and substance abuse service if needed.



# FOCUS

Business: 307-746-2748

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**THERE IS NO EXCUSE FOR ABUSE!!**

Help is a phone call away!  
**307-746-3630**



**FOCUS serves victims of domestic violence, sexual assault and stalking**

**Weston County Wyoming**

**Business Line: 307-746-2748**

**Crisis Line: 307-746-3630**

**Fax: 307-746-4940**

**website: [www.focuswy.org](http://www.focuswy.org)**